

# Our Family's Adventure

## Anchored in Christ

March 2017

### Our Family's

Begin devotion time by lighting a candle to remind your family that God is there with you.  
OR, have your family come up with your own way to start out devotion time.

### Adventure

The church season of Lent begins on March 1st this year. During Lent, we take time to focus on Jesus – and his walk towards the Cross on Good Friday. For many people, Lent is also a time for looking more closely at their relationship with God: finding places where the relationship is strong, but also looking for brokenness and asking God's help to make us stronger. According to the Living Lutheran blog on the ELCA website ([www.elca.org/Living-Lutheran](http://www.elca.org/Living-Lutheran)), "the 40 days of Lent recall the 40-day fast of Jesus in the wilderness after his baptism (Matthew 4:2, Luke 4:1-2) and Moses' 40-day fast on Mount Sinai (Exodus 34:28). It is a time of simplicity, renewal and preparation in congregations, especially preparation for baptisms that will occur at the Easter Vigil."

### Anchored

Read Matthew 4:1-11. Discuss:

- What does it mean to you that Jesus was tempted by the devil? How is this passage important to you in your day-to-day life?
- When is a time that you have felt tempted? How did you handle the situation? What was something (or who was someone) that helped you resist the temptation? What about a time that you were NOT able to resist temptation? What was that like? How did you move on?

### In Christ

Temptation is a reality in everyone's life. Take some time to create simple bookmarks or business card-sized notes (that can be carried in a wallet, or left somewhere for someone to pick up) that give messages of encouragement, and give them away to friends, family or even strangers! Maybe the bookmark could have the Lord's Prayer written on it, with "Lead us not into temptation, but deliver us from evil," written in a different color; then, a short note saying that you are praying that God keeps them safe from sin and temptation!

**Close in Prayer:** Pray your own prayer, or use this one:

Dear God, you have promised to walk with us, to love us and to care for us. Be with us always and keep us safe from temptation so that we might become better followers of Jesus. And – most importantly – we give thanks for your promise to love us and forgive us when we fall short and cave in to temptation. When we do sin, God, help us to ask forgiveness not only from you – but also from those we might have hurt by our words or actions. In Jesus' name we pray. Amen.

Our Family's Adventure Anchored in Christ is a resource designed to be used in community. "Our family" can be a small group at church, part of WELCA Bible Studies, or used in the home – there are so many options! Our hope is that this resource might be a blessing in your faith walk. We'd love to hear your feedback on how your congregation is using this resource!



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