VOYAGEURS CAMP

Metigoshe Memo

SUMMER 2024

What You Need to Know

Welcome to Voyageurs Camp!

We are looking forward to an exciting week of camp full of fun and many positive experiences. The following information is helpful for Voyageur campers, guardians and agencies. If you have additional questions please call Katie at 701-263-4788 or email *program@metigosheministries.com*.

NEW REGISTRATION PROCESS: PLEASE READ!!!!

2024 Registration for Voyageurs will be **completely online.** A pdf document outlining the instructions is available and has been sent to everyone who has received this Metigoshe Memo. A video is also available to walk you through the registration process. The link to this video is:

https://youtu.be/HyXfMaPbBbY

The following forms are available in the camper's online account:

- Voyageur Camper Information Form
- Daily Living Form

The following forms are to be downloaded, completed and signed by the parent/guardian and then uploaded back to the camper's online account. Please follow the instructions to submit your forms:

- Annie's Form
- Health Form
- High Ropes Form
- MARS

All forms should be completed through the online system. If you have any questions on the registration process, please email Peg at registrar@metigosheministries.com

Forms Due Dates (Please have in camper's online portal before the following

dates.)

Voyageurs II: June 17
Voyageurs III: June 17
Voyageurs IV: July 1

Arrival and Departure Information

All Voyageur weeks run from 1:30 pm on Monday until Thursday at 1:00 pm. Please make sure campers have had lunch and have taken medications before arriving at camp. Staff will plan program experiences until the 1:00 pm departure time on Thursday. Please arrange for transportation to arrive at this time.

Voyageur Sessions

Voyageurs I: June 10-13

Programming for campers age 11-25, but not

exclusive to this age group

Voyageurs II: June 24-27

Voyageurs III: July 1-4

Voyageurs IV: July 15-18



What to Bring

- Pillow and sleeping bag OR sheets and plenty of warm blankets
- Five or six changes of undergarments and casual, sport type clothing
- Sweater or rain jacket (evening and nights get cool)
- Shoes comfortable to walk in
- Swimsuit
- Beach towel
- Two bath towels and washcloth
- Personal toiletry items such as comb/hairbrush, toothbrush, toothpaste, deodorant, etc.
- If camper uses disposable undergarments, please pack enough for the week



ADDITIONAL CAMP INFORMATION

Annie's House

During the week at camp, campers will have the opportunity to visit Annie's House Adaptive Recreation Program at Bottineau Winter Park. At Annie's House, they will be able to experience many outdoor recreation programs that have been adapted to fit the needs of all ability levels. Activities include fishing, archery, indoor crafts, outdoor education, and adaptive equipment to hike through trails. Annie's house requires that every camper has an Annie's House Form filled out to be present at the site, so please remember to fill this form out. It is included in the online forms.

Packing

A dependable person should supervise packing and/or check camper's suitcase to make sure he/she has what is needed for camp.

Many of our Voyageur campers cannot communicate ownership of their personal property. To ensure that everything returns home with every camper, labeling is essential. *Clearly label all clothing and bedding with camper's name and the agency* (if applicable).

Trading Post (Camp Store) and Money

Campers do not need to bring spending money for snacks. Snack/treats will be provided for campers each day in addition to regular meals.

Trading Post money can be prepaid in the camper's online account. If campers choose to bring money for camp gear purchases, please put money in an envelope and label the envelope with the camper's name. *Please do not put money in with the medications or in the suitcase.* We will collect money at registration.

If placing money for Trading Post online, please make sure to do this at least 2 weeks prior to the camp session.

Executive Director: Program Director: Business Office:

Rev. Jon Halvorson Katie Vogel Metigoshe Ministries 165 Lake Loop Road Bottineau, ND 58318 701-263-4788

Final Payment

Please remember that final payment is due one month prior to camp. Campers may pay online in their account or send a check (payable to Metigoshe Ministries) to:

Metigoshe Ministries, Attention: Registrar, 165 Lake Loop Road, Bottineau, ND 58318 Campers that register within one month of camp will be asked to pay in full with their registration form.

Medications and Personal Needs

All prescribed medication and over-the-counter medications (including vitamin supplements) must be given to the camp nurse upon arrival at camp; *please do not put medications in a suitcase*.

- The camp nurse will administer medications and vitamins daily as indicated on camper's MAR and by the doctor's direction.
- Please send medications in original packing or pre-filled pill packs from the pharmacy. It is helpful to send only enough medication for the camper's time at camp as well.
- The MAR can be uploaded to the camper's online account anytime before the deadline of 14 days prior to camp. If any changes are made after submitting, please email the changes to registrar@ metigosheministries.com and also alert camp staff upon arrival to camp with the updated changes.

Additional Info

We seek to allow campers full access to our beautiful camp site. This means campers walk over uneven paths multiple time daily. If a camper would benefit from mobility assistance such as a cane, walker or wheelchair, please pack such devices.

A registered nurse is on site at all times. However, if extensive services are needed (multiple daily catherizations, tube feedings, frequent glucose monitoring, etc.) please call the camp office to see if these medical challenges are within our capabilities. Camp counselors are trained in first-aid, but they are not certified nurse assistants and not trained in high physical care needs. This means if a camper requires one-on-one personal care for feeding or mobility, we can only accommodate the camper if they are accompanied by a personal caregiver. Please call our office at 701-263-4788 to discuss such arrangements.